



6 Speak with natives & visit the country to experience the culture

2 Talk to yourself in your target language

7 Natch videos in your target language

3 Listen, listen, listen

Download apps to help you practise

Go beyond your comfort zone. Don't be afraid to make mistakes

Try to list new vocabulary & keep coming back to it until it is familiar

5 Read books in your target language

10 Have full with it!